

Rules and Regulations

Sportsmanship:

QVSA United, Inc. (hereinafter referred to as "QVSA", mandates that good sportsmanlike conduct is an imperative and absolute requirement from all the members of the Board, coaches, players, parents, spectators and referees on all occasions and without exclusion. Profanity, racial or sexist comments, or comments rendered construing intimidation or actions directed at officials, players, coaches or spectators will not be tolerated within our organization or within the parameters of the execution of our organizations events or services. QVSA strives to set forth a standard of sportsmanship that is exemplary in the youth soccer community.

Coaches:

Each new candidate for a coaching position must submit a written application utilizing the QVSA coaching application form (available on-line at QVSAUnited.com or by contacting any Board member). The incumbent coach will be required to update his/her application annually in order to be considered for reappointment. The Board shall make the final selection from among the candidates who have applied and reserve the sole right to make such determinations which are best for the affected team and the QVSA.

Coaches will be chosen and notified by the Board prior to try-outs. Once selected to coach a team, the coach will be committed to that team for one full year.

Upon selection and approval of the coach, the coach is required to plan and execute the course of the team's events for that particular season. Schedules and planned events must be submitted to the Board prior to commitment of such events if the coach requires additional resources from the Board or organization beyond its normal operations or if such activity will adversely affect a previously scheduled event.

No coach may be removed during his/her appointed term except by the recommendation of a Board Member, supplemented by a two-thirds (2/3) majority vote of the entire Board of Directors. The recommendation of the removal shall be in writing and shall plainly state the basis for the proposed removal. The affected coach will be afforded and permitted a forum and venue whereby he/she may contest any allegations posed and offer dialogue to counter and defend such allegations. The Board reserves the sole right of review and the execution of its warranted actions.

Coaches responsibilities:

The coach is solely responsible for compliance with the QVSA rules and all CJSA/NED regulations and policies; and all approved coaches must familiarize themselves with the same.

Coaches must arrange for at least one (1) organizational meeting at the beginning of each season in order to give the parents and players an opportunity to discuss and plan the events pertaining to the team and its upcoming season, including proposed tournaments and functions relative to costs, travel and time obligations. It is the responsibility of the coach to foster a strong team spirit throughout the entire season by involving not only the players but the parents in the program; and to provide exemplary behavior and resource to ensure a positive experience.

Coaches must attend all QVSA coaches' meetings. Coaches are responsible for scheduling games at the district meeting each season. Coaches are responsible for their own behavior and the behavior of their assistants, players, and parents and family members at games, practices and any team-related event.

Coaches must dress in proper, appropriate attire for games and public events whereby it is assumed that they are representing the QVSA (no vulgar or ripped clothing).

Try-out rules:

Try-outs will be held every year in late May early June. The Board will determine the dates and make ample notice and notification via various publication venues.

In order for a player to be considered for membership into the QVSA program, he/she are required to attend and participate on the designated try-out dates. In the event of a significant conflict or untimely illness, the coach (in accord with the Board of Directors) *may* be amenable to an alternate time and day of review. However, such petition must be made ahead of the try-out date and be accompanied by a qualified written reference made on the player's behalf (former coach, etc.). Players who choose not to attend the try-out sessions will otherwise forfeit their privilege to acquire membership to QVSA.

Players must try out in their age and / or grade appropriate group. No player will be allowed to try out at a higher or lower age level. The only exception is if a player has played on a higher level team, they may tryout for that age group. Players are only eligible to move up to the next level in the Fall season. (IE.—player can not request to move up to next division and leave their team behind, however, if approved by each team coach and board, the player may dual roster) (See dual roster rule below)

For the Fall 2019/ Spring 2020 Season:

Divisions:	Born on or after:
9U	01/01/2011 & 01/01/2012
10U	01/01/2010
11U	01/01/2009
12U	01/01/2008
13U	01/01/2007
14U	01/01/2006

How to calculate player's proper division: **Year Season Ends - Birth Year = Age Group**

Example: (2019-2020 Seasonal Year) 2020 – 2007 (birth year) = 13U

The try-out will be conducted by the coach of the team. All tryouts will be monitored by the QVSA Board of Directors.

After tryouts, the team coach will be allowed to choose the players, (based upon the player's performance in the tryouts and the coach's subsequent individualized evaluation sheets), to the maximum roster size permitted by CJSAs rules for that age group. The final roster size is at the discretion of the coach. However, if the Board sees any discrimination in the process they may step in and make adjustments to the teams.

There will be a maximum of 2 players permitted, on each team, from any other town *not* specified here: Plainfield, Canterbury, Brooklyn, Sterling, Hampton, Scotland Chaplin and Killingly.

Players displaying exceptional ability and mastery of skills commensurate with their particular age *may* be permitted to roster on the next age group up. Moving up and rostering on the next age up is permitted upon the consent of *both* coaches affected, the Board of Directors, Petitions for this transfer must be submitted to the contemporary coach for submission to the Board. In the event that the age appropriate coach, or the next age up coach do not agree with the move, the player in question will play on the age appropriate team.

Team selections will be posted once all rosters have been finalized, within 3 weeks of the conclusion of try-outs or specified date. No information will be disseminated before all rosters have been finalized.

Multiple teams at Age Level:

At the younger ages, 9U and 10U, the players will be divided among the two team evenly.

From 11U to 14U there are competitive opportunities, therefore, the teams will be divided into an “A” and “B” team. The “A” team will consist of the more advanced players and play in Division 3. The “B” team as a developmental division 4 team.

In the situation that there is no 13U division, a genuine 12U player may roster on the 14U team as long as there are at least nine (9) true 13U/14U players on the team.

Dual Rostering

Players displaying exceptional ability and mastery of skills commensurate with their particular age group *may* be permitted to dual roster on the next age group up in conjunction with their primary team.

Dual rostering is permitted upon the consent of *both* coaches and acceptance from the Board of Directors, and will only be allowed after demonstrating exceptional ability during game play.

Coaches must request a meeting with the Board of Directors if they would like to dual roster a player. They must then have permission from the Board of Directors and the player must be added to the roster before they let the player in question play in any game. The player must practice with the upper level team at least one time during the week. However, their first commitment must be with their age-appropriate team. In the event that this does not occur, the player will rescind their right to play at the more advanced level.

Premier Players:

Premier players who are a co-roster with a QVSA team must practice at least one time during the week with their appropriate QVSA team. Coaches will be allowed to dismiss premier players from the team, with the Boards of Directors permission, if the player

does not abide by the rules set forth outlining this engagement. The QVSA soccer membership is to be considered a co-roster opportunity and is not secondary to any other soccer obligation.

Practice:

Teams will practice a minimum of two times a week. 11U, 12U, and 14U may hold an additional third training session that would be considered optional for players.

Tournaments:

All QVSA teams will be expected to play at least one sanctioned and affiliated tournament during the fall season.

Indoor:

All QVSA teams will be expected to play at least one session of indoor soccer. During the coaches selected session, the players must play on their team. If a player wants to roster on a different team during the appropriate coach's selection, the standing rules apply as defined in 'dual roster' opportunities. The player must get permission from the Board and protocol, indicated prior, will apply. When the team is not in session the players are welcome and encouraged to play with any team.

CT Cup:

11U, 12U, 13U, and 14U may enter the cup tournament. All fees for Cup (registration and referees) are the sole responsibility of the coach and the team members/parents.

Games:

Coaches must submit their team's game schedule to the Referee Assignor and the QVSA President for referee and field scheduling. Coaches must notify the Ref Assignor and the President of any games or time change.

Fees:

Fees will be paid in 2 installments.

Fall-Spring \$225

\$100 - Deposit due by June 30th (non-refundable)

\$125 - Final Payment due by August 30th (non-refundable)

Indoor- Determined by Coach and Indoor Facility

Playing Time:

There is no set or guaranteed amount of playing time that a player may receive in the competitive soccer venue nor is it a compulsory regulation within the QVSA. The 9U and 10U are considered developmental levels whereby field time is intended to be equal from player to player. We encourage the coaches to permit players who see less time on the field to be strongly represented on the field when the score, grossly up or down, would so indicate.

Complaints and Violations:

All complaints and violations pertaining to the QVSA will be brought to the attention of the Board of Directors. Each complaint and/or violation will be made in writing to ensure authenticity and accuracy of information. The Board of Directors will examine the complaint or violation and will conduct a fair and accurate investigation into the matter.

It will be the responsibility of the Board to inform the complainant of the outcome of the investigation.

Zero Tolerance Policy:

All individuals responsible for a team and all spectators shall support the referee. Failure to do so will undermine the referee's authority and has the potential of creating a hostile environment for the players, the referee, and all the other participants and spectators.

No one, except the players, is to speak to the referee during or after the game. Exceptions: Coaches may ask questions before the game, call for substitutions and point out emergencies during the game, or respond to the referee if addressed.

Absolutely no disputing calls, during or after the game, no remarks to the referee to watch certain players or attend to rough play. NO YELLING at the referee, EVER, and no criticism, sarcasm, harassment, intimidation, or feedback of any kind during or after the game.

Violators may be ejected and are subject to disciplinary action by the QVSA.

If coaches or spectators have questions regarding particular calls, rules, or a referee, or wish to give feedback regarding a referee, please contact the town soccer club's referee assignor.

Coach conduct: It is expected that the coaches will conduct themselves in a professional manner and treat the kids with respect. Any coach found to be in violation of this will be subject to a disciplinary action as decided by The Board of Directors.

Lack of Knowledge: (Plea of Ignorance or Ambiguity)

Professing a lack of knowledge or ignorance of these QVSA rules will not relieve any member of the QVSA, coach, parent, or player from their responsibilities and liabilities associated with infractions of the QVSA Rules and Regulations set forth herein. It will be the responsibility of the Board of Directors to ascertain culpability and render appropriate penalties or remediation strategies as pertinent and required. All members of the QVSA, coaches, parents, and players agree to be bound by these rules; and their involvement within the program attests that such rules have been reviewed and are completely understood.